# NUR 350 Final Project Guidelines and Rubric

### **Overview**

The final project for this course is the creation of a community assessment.

As communities become more diverse and nursing care moves into them, nurses are being called to develop and recommend population-based interventions and programs that are culturally appropriate. The AACN Essentials Baccalaureate Education for Professional Nursing Practice specifically says: "Preparing professional nurses to engage in health promotion, community education, and outcomes analysis is an essential component of the basic preparation of the professional nurse."

In this course, you will learn about the best practices in community and population health and have the opportunity for practical application of this knowledge through community assessment and intervention planning. For your final project, you will explore existing resources, data sets, and systems on the local and regional level. Through this process, you will develop a culturally appropriate and comprehensive plan (considering religion, culture, alternative medicine, etc.) for a specific health disparity found within a community. You will develop your strategies based on the principles of community health nursing discussed throughout the course.

The project is divided into **three milestones**, which will be submitted at various points throughout the course to scaffold learning and ensure quality final submissions. These milestones will be submitted in **Modules Three**, Four, and Six. The final product will be submitted in **Module Seven**.

In this assignment, you will demonstrate your mastery of the following course outcomes:

- NUR-350-01: Plan targeted, population-based interventions for diverse and vulnerable populations across the lifespan by applying principles of community health
- NUR-350-02: Analyze the interrelationships among theory, practice, and research for their implications on community and population health
- NUR-350-03: Assess the impact of local, regional, and national conditions on the delivery of nursing services to vulnerable populations
- NUR-350-04: Analyze the effects of healthcare policy on improvement of healthcare outcomes for diverse populations across the lifespan
- NUR-350-05: Identify social determinants of health through a comprehensive assessment of resources at the local, regional, and national levels

### Prompt

Choose a city or town within the United States to assess at the community level. You should include an analysis of the historical development of the community, the current demographic and socioeconomic climates, and the community infrastructure. Include a comparison of existing resources within the community at the local, regional, and national level. After a thorough analysis of this data, formulate and prioritize a list of health-related problems that you see within the

community. Finally, develop a comprehensive community health strategy using one of the problems from that list, including a target population and specific health disparity from the research in your assessment.

Specifically, you must address the **critical elements** must be addressed:

- I. Community Characteristics: What are the unique characteristics of the community?
  - a) How have the characteristics unique to the community influenced the delivery of nursing services within the community?
  - b) How has this community developed historically? How has this influenced the delivery of nursing services within the community?
  - c) How would you define this community geographically? How does this influence the delivery of nursing services?
  - d) What key **groups** exist within this community? Would any of these groups be considered a vulnerable population? Why or why not? How is delivering nursing services to these groups affected by local, regional, and national conditions?
  - e) Using census data, define the community in terms of **demographics**, with a focus on the socioeconomic climate. What are your specific concerns related to health status within the community?
- II. **Community Assessment**: What resources exist within the systems of this community? Consider health and social services, educational services, safety, religion, and politics, among others.
  - a) Identify resources at the local level. What influences these resources? Why are they considered social determinants of health?
  - b) Identify resources at the **regional** level. How are the influences on these resources different than the influences on resources at the local level? Justify your reasoning.
  - c) How are healthcare resources in both the local and regional areas around this community influenced by **healthcare policy**? Provide support for your answer.
  - d) Do the **healthcare resources** in this community differ according to the varying demographics? Why or why not? Be sure to support your answer using research or data.
  - e) Analyze the community based on data collected from reliable **resources**. For example, you might utilize data from the Centers for Disease Control and Prevention, the Community Health Status Indicators website, or even recent census data.
  - f) What are the **strengths and weaknesses** of the community that would be integral in the formulation of a community health strategy? Support your answer with data and research.
  - g) What **barriers** have been identified that may impact successful implementation of that strategy? Support your answer with data and research.
  - h) What areas of **opportunity** exist for improving the health of the community? Support your answer with data and research.
- III. **Community Health Strategy**: Formulate the problem list from the community assessment that you have performed.
  - a) What are the top three **problems** that the community faces regarding health status? Provide data to support your answer.
  - b) Identify one problem from the list to **develop**. Be sure to identify the population at risk and the specific health disparity to be addressed.

- c) Develop a plan that includes at least three **interventions** that are culturally appropriate based on the role of the nurse and the principles of clinical health nursing. What steps would be taken to ensure that they are culturally appropriate? Be sure to base your interventions on existing evidence and document this evidence within your health plan.
- d) Which intervention category (primary, secondary, or tertiary) do these intervention strategies fall into? Support your justification with evidence or research.
- e) Which **teaching and learning** strategies will you utilize? How will you meet the needs of a variety of different learners? Consider age and cultural differences.
- f) Who are the key stakeholders that should be included in the planning and implementation of the strategy? Why?
- g) What strategies will you integrate to ensure buy-in and participation from the community?
- h) How is your community health strategy **aligned** with local, regional, national, or global healthcare policies or programs? For example, if nutrition is the prominent issue, you might discuss how the plan aligns with UNICEF's hunger initiative or Healthy People 2020.

## **Milestones**

#### Milestone One: Draft of Community Characteristics

In **Module Three**, you will provide a summary of the community characteristics portion of your community assessment. You will discuss community characteristics, describe demographic and socioeconomic characteristics, identify key groups within the community, and identify health concerns for members of the community. **This milestone will be graded with the Milestone One Rubric**.

#### Milestone Two: Draft of Community Assessment

In **Module Four**, you will provide a summary of the assessment portion of your community assessment. You will discuss resources within the community, identify strengths and weaknesses of the community, analyze opportunities for improving community health, and identify barriers to successful implementation of a community health strategy. **This milestone will be graded with the Milestone Two Rubric.** 

#### Milestone Three: Draft of Community Health Strategy

In **Module Six**, you will provide a summary of the community health strategy portion of your community assessment. You will discuss community-based problems, describe potential interventions to include in the health strategy, and discuss a teaching and learning strategy that you would utilize. **This milestone will be graded with the Milestone Three Rubric.** 

#### Final Submission: Community Assessment

In **Module Seven**, you will submit your final project. It should be a complete, polished artifact containing **all** of the critical elements of the final product. It should reflect the incorporation of feedback gained throughout the course. **This submission will be graded with the Final Project Rubric.** 

# **Final Project Rubric**

**Guidelines for Submission:** This submission should be a Word document approximately 8–10 pages in length (not including reference page) and should use proper APA publication format for in-text citations and references; however, the quality of this submission is much more important than the length.

<b>Critical Elements</b>	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Characteristics:	Meets "Proficient" criteria and	Comprehensively describes	Describes unique	Does not describe unique	3.15
Unique	description demonstrates a	unique characteristics of the	characteristics of the	characteristics of the community	
	nuanced insight into the	community, including how	community but description is		
	influences on the delivery of	these characteristics influence	not comprehensive		
	nursing services within the	the delivery of nursing services			
	chosen community	within the community			
Characteristics:	Meets "Proficient" criteria and	Comprehensively describes	Describes historical	Does not describe historical	3.15
Historical	description demonstrates a	how the community has	characteristics of the	characteristics of the community	
	nuanced insight into the	developed historically,	community but description is	F	
	historical influences on the	including how the development	not comprehensive		
	delivery of nursing services	influences or does not	MAPL		
	within the chosen community	influence the delivery of			
		nursing services within the			
		community			
Characteristics:	Meets "Proficient" criteria and	Comprehensively defines how	Describes geographical	Does not describe geographical	3.15
Geographical	description demonstrates a	the community has developed	characteristics of the	characteristics of the community	
	nuanced insight into the	geographically, including how	community but description is		
	historical influences on the	the development influences or	not comprehensive		
	delivery of nursing services	does not influence the delivery			
	within the chosen community	of nursing services within the			
		community			
Characteristics:	Meets "Proficient" criteria and	Comprehensively describes key	Describes key groups that exist	Does not describe key groups	3.15
Groups	description reflects a nuanced	groups that exist within this	within this community but	that exist within this community	
	understanding of vulnerable	community, including why	description is not		
	populations	these groups would or would	comprehensive		
		not be considered vulnerable			
		populations and how delivery			
		of nursing services is affected			
		by various conditions			

<b>Critical Elements</b>	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Characteristics:	Meets "Proficient" criteria and	Defines the community in	Defines the community in	Does not define the community	6.3
Demographics	provides a comprehensive	terms of demographics and	terms of demographics or	in terms of demographics and	
	overview of demographic data	specific health status concerns,	specific health status concerns,	specific health status concerns	
		focusing on the socioeconomic	but lacks focus on the	or does not utilize census data	
		climate and utilizing census	socioeconomic climate or uses		
		data	data that is not census data		
Assessment: Local	Meets "Proficient" criteria and	Comprehensively describes	Describes resources at the local	Does not describe resources at	6.3
	makes connections between	resources at the local level that	level that exist within the	the local level that exist within	
	resources and specific social	exist within the systems of this	systems of this community but	the systems of this community	
	determinants of health	community, including what	description is not		
		influences these resources and	comprehensive		
		why these resources are			
		considered social determinants			
		of health		L	
Assessment:	Meets "Proficient" criteria and	Comprehensively describes	Describes resources at the	Does not describe resources at	6.3
Regional	demonstrates a nuanced	resources at the regional level,	regional level but description is	the regional level	
	understanding of the	differentiating how the	not comprehensive or	<u> </u>	
	differences in resources at the	influences on these regional	differentiation lacks		
	regional and local levels	resources are different than the	justification		
		influences on the local level,			
		including justification			
Assessment:	Meets "Proficient" criteria and	Analyzes how the healthcare	Analyzes how the healthcare	Does not analyze how the	6.3
Healthcare Policy	support includes specific	resources in the local and	resources in the local or	healthcare resources in the local	
	examples	regional areas around the	regional areas around the	or regional areas around the	
		community are influenced by	community are influenced by	community are influenced by	
		healthcare policy and provides	healthcare policy but analysis	healthcare policy	
		support for analysis	lacks support		
Assessment:	Meets "Proficient" criteria and	Comprehensively analyzes	Analyzes whether or not	Does not analyze whether or not	6.3
Resources	analysis demonstrates nuanced	whether or not healthcare	healthcare resources in the	healthcare resources in the	
	connections between	resources in this community	community differ according to	community differ according to	
	healthcare resources and the	differ according to the varying	the varying demographics but	the varying demographics	
	demographics of the chosen	demographics, supporting	analysis is not comprehensive		
	community	answer utilizing research or	or does not support answer		
	,	data	utilizing research or data		

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Assessment:	Meets "Proficient" criteria and	Comprehensively analyzes the	Analyzes the strengths and	Does not analyze the strengths	6.3
Strengths and	clearly links analysis to the data	strengths and weaknesses of	weaknesses of the community	and weaknesses of the	
Weaknesses	collected	the community that would be	that would be integral in the	community that would be	
		integral in the formulation of a	formulation of a community	integral in the formulation of a	
		community health strategy,	health strategy, but analysis is	community health strategy or	
		including support for analysis	not comprehensive or data	does not include support for	
		from reliable data resources	included as support is not from	analysis	
			a reliable resource		
Assessment:	Meets "Proficient" criteria and	Comprehensively analyzes	Analyzes barriers that may	Does not analyze barriers that	6.3
Barriers	identifies both internal and	barriers that may impact	impact successful	may impact successful	
	external barriers to	successful implementation of	implementation of community	implementation of hypothetical	
	implementation	community health strategy,	health strategy, but analysis is	community health strategy or	
		including support for analysis	not comprehensive or data	does not include support for	
		from reliable data resources	included as support is not from	analysis	
			a reliable resource		
Assessment:	Meets "Proficient" criteria and	Comprehensively analyzes	Analyzes areas of opportunity	Does not analyze areas of	6.3
Opportunity	analysis of opportunities	areas of opportunity that exist	that exist for improving the	opportunity that exist for	
	demonstrates keen insight into	for improving the health of the	health of the community, but	improving the health of the	
	the needs of the community	community, including support	analysis is not comprehensive	community or does not include	
		for analysis from reliable data	or data included as support is	support for analysis	
		resources	not from a reliable resource		
Strategy: Problems	Meets "Proficient" criteria and	Describes and justifies the top	Describes and justifies the top	Does not describe or justify the	6.3
	support provided for problems	three problems that the	three problems that the	top three problems that the	
	chosen reflects keen insight	community faces regarding	community faces regarding	community faces regarding	
	into community health needs	health status, utilizing data in	health status but does not	health status	
		justification	utilize data in justification		
Strategy: Develop	Meets "Proficient" criteria and	Comprehensively describes one	Describes one problem from	Does not describe one problem	6.3
	demonstrates a nuanced	problem from the list to	the list to be developed but	from the list to be developed	
	understanding of the target	develop, including the at-risk	description is not		
	population	population and specific health	comprehensive		
		disparity to be addressed			
Strategy:	Meets "Proficient" criteria and	Develops three comprehensive	Develops three interventions	Does not develop three	3.23
Intervention	includes complementary or	and culturally appropriate	but interventions are not	interventions	
	alternative health practices	interventions based on existing	comprehensive or are not		
		evidence, which is included as	culturally appropriate, or does		
		support	not include evidence to		
			support interventions		

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Strategy:	Meets "Proficient" criteria and	Logically justifies which of the	Justifies which of the	Does not justify which of the	3.23
Intervention	support for evaluation is drawn	intervention strategies are in	intervention strategies are	intervention strategies are	
Categories	from peer-reviewed literature	the primary, secondary, and	primary, secondary, and	primary, secondary, and tertiary	
		tertiary categories, supporting	tertiary, but justification is		
		justification with evidence or	illogical or is not supported		
		research	with evidence or research		
Strategy: Teaching	Meets "Proficient" criteria and	Describes which teaching and	Describes which teaching and	Does not describe which	3.23
and Learning	addresses differences in the	learning strategies will be	learning strategies will be	teaching and learning strategies	
_	age or culture of various	utilized, including how the	utilized, but does not include	will be utilized	
	learners	needs of various learners will	how the needs of various		
		be met	learners will be met		
Strategy:	Meets "Proficient" criteria and	Identifies who the key	Identifies who the key	Does not identify who the key	3.23
Stakeholders	identifies stakeholders from	stakeholders are that should be	stakeholders are that should be	stakeholders are that should be	
	within and beyond the	included in the implementation	included in the implementation	included in the implementation	
	community	of the strategy and justifies	of the strategy, but does not	of the strategy	
		why	justify why		
Strategy: Ensure	Meets "Proficient" criteria and	Thoroughly describes strategies	Describes strategies to be	Does not describe strategies to	3.23
Buy-In	demonstrates keen	to be integrated that will	integrated that will ensure buy-	be integrated that will ensure	
-	understanding of the groups	ensure buy-in and participation	in and participation of the	buy-in and participation of the	
	within the community who	of the community	community, but description	community	
	may potentially be affected		lacks detail		
Strategy: Alignment	Meets "Proficient" criteria and	Logically analyzes how the	Analyzes how the community	Does not analyze how the	3.25
	connects specific strategies at	community health strategy is	health strategy is aligned with	community health strategy is	
	the local, regional, national, or	aligned with local, regional,	local, regional, national, or	aligned with local, regional,	
	global levels to the community	national, or global policies or	global policies or programs, but	national, or global policies or	
	health strategy	programs	analysis is illogical	programs	
Articulation of	Submission is free of errors	Submission has no major errors	Submission has major errors	Submission has critical errors	5
Response	related to citations, grammar,				
	spelling, syntax, and	spelling, syntax, or organization	spelling, syntax, or organization	spelling, syntax, or organization	
	organization and is presented		that negatively impact	that prevent understanding of	
	in a professional and easy-to-		readability and articulation of	ideas	
	read format		main ideas		
	•	•		Total	100%